

***SPEED*LINGUA™**

THE LANGUAGE LEARNING ACCELERATOR

Learning guide Speedlingua

Update: 7th July 2009

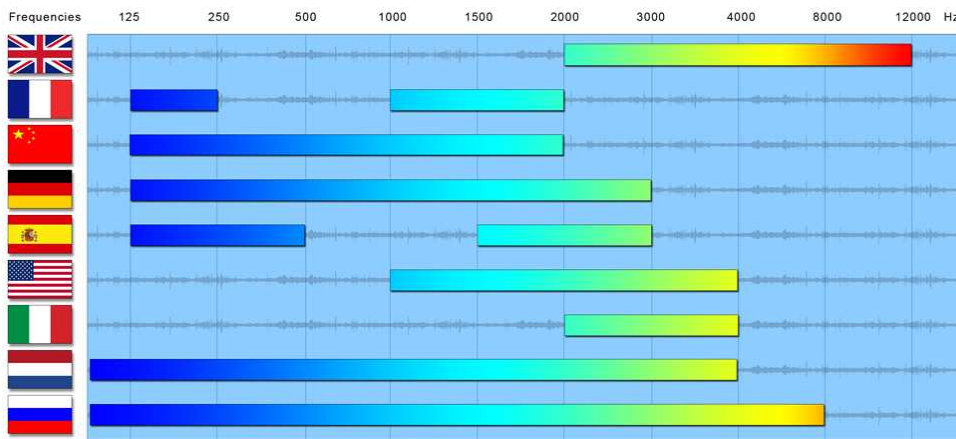
1. Discovery

Speedlingua unique patented software, based on three audio-phonologic rules (see below), has been especially conceived to facilitate and accelerate the learning of foreign languages. Its exclusive method opens up your ear to the sounds, the musicality and the rhythm of the studied language. As a result, it considerably improves your pronunciation and your expressiveness as well as your comprehension. Whatever your level (beginner, advanced...), Speedlingua will enable you to converse with pleasure, acquire self-confidence when speaking and avoid pronunciation or comprehension mistakes, in other words, to **communicate better**.

Speedlingua is therefore an essential complement to any learning language method and adapts itself to every linguistic skill level.

- *The voice can reproduce only what the ear hears perfectly.*
- *If the hearing is modified, then the pronunciation is unconsciously and naturally modified as well.*
- *A lasting phonation modification can be achieved through repeated auditory stimulation.*

Each language has its own dominant frequencies!



2. A Speedlingua session

Specific case of the first session:

You must imperatively take a pronunciation test. It will be your reference «before using Speedlingua».

You listen to some words or sentences of growing difficulty from the language you are learning and then repeat them.

Instructions: Go as far and possible into the test, and then click on "yes" to save it.

Note: Do not re-take this test after every Speedlingua session but midway and during the last training session.

«History / pronunciation tests» available on the main menu.

The «training»: 2 distinct but complementary phases

1. The listening phase

Watch the videos while concentrating on the music you are listening to. This stage is essential for your training because, during 15 minutes, your ear gets used to the dominant frequencies of the language you are learning, which can be very different from the ones of your native language. Therefore, you “open up” your ear to the sounds, musicality and rhythm of the learned language.

Instructions: Don't do anything else... just listen!

Note: Every Speedlingua session begins with this listening phase.

2. The pronunciation phase

You are now experimenting the heart of the Speedlingua technology: «the Speedlingua audio-phonatory feedback loop», where your voice is modulated in real time towards the dominant frequencies of your chosen language: your pronunciation is modified in real time.

Listen and then repeat the word or the sentence pronounced by a native speaker of your target language. In real time, Speedlingua software will modulate your own voice towards the correct dominant frequencies of your target language so that you can hear yourself speak properly, fluently, as if you were the native speaker. As a result, you rapidly improve your pronunciation naturally and unconsciously.

2 pronunciation modes are available:

The automatic mode: to listen and to repeat sentences in a pre-defined rhythm.

The manual mode: to train every item at your own rhythm and to re-listen to yourself.

You can use the text display during a second run to associate sound and writing, to understand better, or to translate the text.

Instructions:

- Work on this pronunciation phase during 30 min. (15 min. minimum).
- Do not read the text but memorize it, close your eyes and then repeat.

Note: In automatic mode, adjust the tempo in order to have a repeat time that suits you.

Content of the pronunciation phase exercises:

Phonetics: Group of sounds (phonemes) of the studied language

General: Common words and sentences of everyday life

Thematic: Contextual words and sentences

Free speech speech: Dialogues and personal production.

Listening tests

Available from the main menu, the listening tests enable you to check the evolution of your abilities in discerning sounds. At the end of the test, you will obtain a grade out of 10, permanently available in your history file.

Note: A Speedlingua session thus lasts between 30 and 60 min. For conclusive and lasting results, we recommend a minimum of 10 hours of Speedlingua training, at the rate of one to two sessions per week. It is **the regularity** that will make you progress rapidly. Train with Speedlingua while studying the vocabulary and grammar of your chosen language at the same time and immerse yourself as much as possible in the language you are learning.

3. Advice

Let yourself «go with the flow» of the language's musicality. **Immerse yourself in** the language's rhythm and intonations.

An **exercise** is generally done **3 times**:

1. In «Automatic» mode without the text's display.
2. In «Manual» mode with the text's display.
3. In «Automatic» or «Manuel» mode without the text display.

Do not hesitate to **redo several times** an exercise that causes you problems, in particular when you have difficulty to reproduce the sounds (phonemes).

Do not read the text while repeating.

Diversify the exercises, browse as you wish.

The exercises are too hard!

The exercise is not adapted to your level. Select another exercise and you will come back later to the latter! You rapidly realize that your difficulties are less important during the course of your progress with Speedlingua.

The exercises are too easy!

The exercises are the **support of the pronunciation training**, each of them, even if they may seem easy, have their purpose and the more you repeat, the more your pronunciation will improve.

You have an intermediate or advanced level and you wish to work on your own production? Prepare a presentation, a conference, an exam? Choose the exercise «Free speech speech». Be careful, this exercise is meant for people who have good oral skills.

Don't let yourself discourage. Any training requires overcoming some steps, some «progression levels».

We wish you a pleasant training with Speedlingua.

4. Your Speedlingua path

Instructions:

- Whatever your level, work on the phonetics' exercises in manual mode by comparing yourself to the native speaker. Repeat as many times as you need until you are satisfied. If the sentences become too difficult, you can use the text, **but do not read it while repeating.**
- Beginner level (A1-A2): Use the text if the sentences become too difficult, **but do not read it while repeating.** If you really can't do it, chose an easier exercise. Write down the exercises that cause you problems.
- Intermediate level (B1-B2): Use the automatic mode for the general and thematic exercises to acquire the rhythm and the prosody of the language you are learning. Display the text only if you really feel the need of it.
- Advanced level (C1-C2): Use the automatic mode as much as possible for the general and thematic exercises Work on your own productions by choosing the exercise "Free speech speech". Do not display the text.

This way of doing is just an example, every session lasts approximately 45 minutes.

Category	Formulation	Duration	Difficulty	Level			Auto-evaluation			
				D	I	A	--	-	+	++
SESSION 1										
Introduction	Guided tour	4,50		✓	✓	✓				
Test	Pronunciation test	4,00		✓	✓	✓				
Listening phase	Training	15,00		✓	✓	✓				
Phonetics	Exercise 1	20,00	■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 2		■ to ■■■■	✓	✓	✓				
General A1 - A2	Exercise 1	7,00	■□□□□	✓						
General B1 - B2	Exercise 1		■■■□□		✓					
General C1 - C2	Exercise 1		■■■□□			✓				
Tests	Listening tests 1.1 et 1.2	3,00		✓	✓	✓				
Notes:										

Category

Formulation

Duration

Difficulty

Level

Auto-evaluation

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SESSION 2										
Listening phase	Training	15,00		✓	✓	✓				
Phonetics	Exercise 3	20,00	■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 4		■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 5		■ to ■■■■	✓	✓	✓				
General A1 - A2	Exercise 2	8,00	■ □ □ □ □	✓						
Free speech – with answers	Let's meet		■■■ □ □		✓					
Free speech – without answers	Let's meet		■■■ □ □			✓				
Tests	Listening tests 1.3 & 2.1	3,00		✓	✓	✓				
Notes:										

SESSION 3										
Listening phase	Training	15,00		✓	✓	✓				
Phonetics	Exercise 6	20,00	■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 7		■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 8		■ to ■■■■	✓	✓	✓				
General A1 - A2	Exercise 3	9,00	■ □ □ □ □	✓						
General B1 - B2	Exercise 2		■■■ □ □		✓					
General C1 - C2	Exercise 2		■■■ □ □			✓				
Tests	Listening tests 2.2 & 2.3	3,00		✓	✓	✓				
Notes:										

SESSION 4										
Listening phase	Training	15,00		✓	✓	✓				
Phonetics	Exercise 9	20,00	■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 10		■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 11		■ to ■■■■	✓	✓	✓				
General A1 - A2	Exercise 6	9,00	■ □ □ □ □	✓						
Themes - Phone	Exercise 1 and 2		■ □ □ □ □	✓						
General B1 - B2	Exercise 3		■■■ □ □		✓					
Themes - Phone	Exercise 5		■■■ □ □			✓				
Tests	Listening tests 1.1 to 1.3	3,00		✓						
Tests	Listening tests 3.1 & 3.3	3,00			✓	✓				
Notes: If you already want to notice your early progress, you can take an intermediate pronunciation test and compare it with your initial test. Hang on, it will be worth it!										

Category Formulation Duration Difficulty Level Auto-evaluation

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SESSION 5										
Listening phase	Training	15,00		✓	✓	✓				
Phonetics	Exercise 12	20,00	■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 13		■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 14		■ to ■■■■	✓	✓	✓				
General A1 - A2	Exercise 4	10,00	□□□□	✓						
General A1 - A2	Exercise 5		□□□□	✓						
General B1 - B2	Exercise 4		■■■■□□		✓					
General C1 - C2	Exercise 3		■■■■□□			✓				
Tests	2 choices of listening test	3,00		✓	✓	✓				
Notes:										

SESSION 6										
Listening phase	Training	15,00		✓	✓	✓				
Phonetics	Exercise 15	20,00	■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 16		■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 17		■ to ■■■■	✓	✓	✓				
General A1 - A2	Exercise 7	10,00	□□□□	✓						
Themes - Phone	Exercise 3 and 4		■■□□□□	✓						
General B1 - B2	Exercise 5		■■■■□□		✓	✓				
General B1 - B2	Exercise 6		■■■■□□		✓	✓				
Tests	2 choices of Listening Test	3,00		✓	✓	✓				
Notes:										

SESSION 7										
Listening phase	Training	15,00		✓	✓	✓				
Phonetics	Exercise 18	20,00	■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 19		■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 20		■ to ■■■■	✓	✓	✓				
Themes : Tourism	Exercise 1,2 and 3	10,00	■■□□□□	✓						
Themes : Tourism	Exercise 7 and 8		■■■■□□		✓	✓				
Tests	2 choices of Listening Test	3,00		✓	✓	✓				
Notes:										

Category Formulation Duration Difficulty Level Auto-evaluation
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SEANCE 8										
Listening phase	Training	15,00		✓	✓	✓				
Phonetics	Exercise 21	20,00	■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 22		■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 23		■ to ■■■■	✓	✓	✓				
Phonetics	Questioning	8,00	■ to ■■■■	✓	✓	✓				
Phonetics	Exclamation		■ to ■■■■	✓	✓	✓				
Test	Pronunciation Test	4,00		✓	✓	✓				
History file (Test)	Listen to your progress	5,00		✓	✓	✓				
Notes:										

SESSION 9										
Listening phase	Training	15,00		✓	✓	✓				
Phonetics	Exercise 24	20,00	■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 25		■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 26		■ to ■■■■	✓	✓	✓				
Themes : Tourism	Exercise 4, 5 and 6	10,00	■■■□□□	✓						
Free speech – with answers	Everyday life		■■■□□□		✓					
Free speech – without answers	Everyday life		■■■□□□			✓				
Tests	2 choices of Listening Test	3,00		✓	✓	✓				
Notes:										

SESSION 10										
Listening phase	Training	15,00		✓	✓	✓				
Phonetics	Exercise 27	20,00	■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 28		■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 29		■ to ■■■■	✓	✓	✓				
General B1 - B2	Exercise 1	9,00	■■■□□□	✓						
General B1 - B2	Exercise 7		■■■□□□		?					
General C1 - C2	Exercise 4		■■■■□□			✓				
Tests	2 choices of Listening Test	3,00		✓	✓	✓				
Notes:										

Category Formulation Duration Difficulty Level Auto-evaluation

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SESSION 11										
Listening phase	Training	15,00		✓	✓	✓				
Phonetics	Exercise 30	20,00	■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 31		■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 32		■ to ■■■■	✓	✓	✓				
Themes : Job Interview	Exercise 1 and 2	10,00	■■■□□□	✓						
General C1 - C2	Exercise 2		■■■■□□		✓					
General C1 - C2	Exercise 5		■■■■■■			✓				
Tests	2 choices of Listening Test	3,00		✓	✓	✓				
Notes:										

SESSION 12										
Listening phase	Training	15,00		✓	✓	✓				
Phonetics	Exercise 33	20,00	■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 34		■ to ■■■■	✓	✓	✓				
Phonetics	Exercise 35		■ to ■■■■	✓	✓	✓				
Free speech – with answers	Let's meet	10,00	■■■■□□	✓						
Free speech – with answers	A little culture		■■■■□□		✓					
Free speech – without answers	Job Interview		■■■■■■			✓				
Tests	2 choices of Listening Test	3,00		✓	✓	✓				
Notes:										

NEXT SESSIONS										
Listening phase	Training	15,00		✓	✓	✓				
Phonetics	Complete with exercises that you haven't done yet or that have caused you problems.	15,00	■ to ■■■■	✓	✓	✓				
General or thematic	Exercises that have caused you problems	10,00	□□□□□□	✓	✓	✓				
Free speech	Personal production adapted to your own level (reading, presentation, exam revisions...)	10,00	□□□□□□	✓	✓	✓				
Tests	2 choices of Listening Tests	3,00		✓	✓	✓				

END OF PATH										
Test	Pronunciation test	4,00		✓	✓	✓				
History file (Test)	Listen to your progress	5,00		✓	✓	✓				

Personal Notes:

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